# Connect With Us

### To Register:

celebratedanceacademy.com or visit your DSP portal.

If you are NEW to CDA please create a DSP portal to register: dancestudio-pro.com/online/celebrate

\*Please note, classes may be cancelled due to low enrollment. Enroll ahead of time to secure your spot and help ensure the class/intensive will be able to run!

#### **Questions:**

Sarah@celebratedanceacademy.com

### Location:

1700 West Highway 96 Arden Hills MN 55112

CDA is a ministry of North Heights Church and is located in the lower level of the North Heights Church Arden Hills Campus. Enter at Door B, and proceed down the steps to the studios.



CELEBRATE DANCE ACADEMY

# SUMMER DANCE

Level Dancers & Ages 12-Adults 2024



# **ABOUT US**

Celebrate Dance Academy (CDA) creates a joy-filled and empowering learning experience where all ages and abilities are welcome. Dance classes take a holistic approach; valuing each dancer as a unique creation of God and providing an environment where each dancer is supported in body, mind, and spirit. Celebrate offers classes in tap, jazz, ballet, pointe, creative movement, hip hop, modern, contemporary, pilates, and musical theatre.

We value an atmosphere that is joyful and encouraging, while providing age-appropriate music, costumes, and movement.

Faith+Artistry+Excellence



This summer, we have designed our offerings to focus on technique, strength building, and overall conditioning to help our dancers excel in their dance training. Dance will be offered as "intensives" to provide a concentrated time of study and growth. Summer is a great time to rest and reset, but it is also important to maintain and progress dance training! Dancers who want to see more consistent growth in their training should dance throughout the summer.

If you are NEW to CDA, please contact Sarah about Level placement.



## **EVENTS**

### JUNE 3RD: SENIOR NIGHT CELEBRATION

Join us from 7:00-8:00pm for a special FREE night to celebrate our 2024 seniors! Enjoy a short performance by our senior dancers, and a time to connect as a community as we send them off!

### JUNE 8TH: LEVEL DANCER BANQUET

2023-2024 Level 1-6 dancers are invited to join us for our 2nd annual Level Dancer banquet! Celebrate the dance season with us with a semi-formal dinner and evening of events! 6:00pm-8:00pm in Great Hall.

RSVP by May 20 to Sarah, Cost is \$35/dancer

#### AUG. 9TH: LEVEL DANCER PIZZA & DANCE PARTY

Join us for a special time of bonding, dance games, community building, dance party, and of course... pizza! Accommodations for dietary restrictions available upon request. 6:00pm-8:00pm.

RSVP by July 26th to Sarah, Cost is \$14/dancer



# Sessions and Drop-in Classes

#### SUMMER CONDITIONING SESSION

When: June 19, June 26, July 10, July 17 9:00am-10:00am

Ages: 14-adult Cost: \$40/session

Join us this summer for conditioning and strength training for dancers. This is an intensive training program that will help you see results in your dancing! Workouts will be adapted to fit each dancer at their fitness level. Please bring 1 set of dumbbells.

#### SUMMER BALLET

When: June 6, 13, 20, July 11, 18, Aug 1, 8 10:15am-11:30am

Ages: 13-adult, multi-level

Cost: \$12/class

Refine your technique and grow in strength, grace, and flexibilty.

#### STRENGTH & STRETCH PILATES CLASSES

When: July 8, 11, 22, 25 6:30-7:30pm

Ages: 14-adult Cost: \$10/class

Improve your flexibility, muscular balance, and coordination through these invigorating pilates-focused classes.

# JUNE

### JAZZ INTENSIVE

When: June 17-20

Level 1-2 4:00-5:00pm Level 3-4 5:00-6:00pm

Level 5+ & experienced adults 6:30-7:45pm

Ages: Level 1-2, 3-4, and 5+ & experienced adults

Cost: Level 1-4: \$50

Level 5+ & experienced adults: \$60

Join us for a high-energy week exploring musicality, groove, and expression! Dancers will grow in their technical skills and develop as a storyteller through the exploration of classic jazz.

#### MUSICAL THEATRE INTENSIVE

When: June 24-28\*, 1:00-3:00pm (\*6/28 9-12pm)

Ages: 13-18 Cost: \$75

"Step 'n' Time" with us for a fast-paced musical theatre intensive that brings the beautiful story of Mary Poppins to life! Students will study dancing, acting, and singing to develop skills to be a triple threat! The week will conclude with a free performance on 6/28 at 11:30am for friends and family.



#### **MODERN INTENSIVE**

When: July 15-18

Level 1-2 4:00-5:15pm

Level 3+ and experienced adults 5:30pm-8:00pm

Ages: Level 1-2, 3+ and experienced adults

Cost: Level 1-2: \$60, Level 3+: \$100

Dancers will explore the intersection of art and faith through an intensive training week in modern dance. Dancers will have modern technique each day and learn choreography that will be performed for friends and family at the end of the week. Join us for an inspiring week as we explore our art and faith!

#### **BALLET INTENSIVE**

When: July 22-25

Level 1-2 & Beg. adult 4:00-6:00pm

Level 3+ and experienced adult 6:00-9:00pm

Ages: Level 1-adult

Cost: Level 1-2 & Beg. adult: \$90, Level 3 & experienced adult: \$115

During our ballet intensive, dancers will explore floor barre, progressive ballet technique (PBT), and hone the technical skills of ballet. Dancers will learn to embody power and grace as they study the art of ballet.

# JULY-AUGUST

#### BALLET FOR THE MODERN DANCER INTENSIVE

When: July 29-August 1st 9:30am-12:00pm

Ages: Level 1-6 (dancers will be divided in groups by experience)

Cost: \$100/camp

This intensive is designed for modern dancers to grow in their exploration of modern and will incorporate ballet training to help propel modern dancers in their training. Previous ballet training is not required.

#### HIP HOP INTENSIVE

When: August 5-8

Ages 12-14 6:00pm-7:00pm Ages 15+ 7:00pm-8:30pm

Ages: 12+

Cost: Ages 12-14: \$55/camp, Ages 15+: \$65/camp

Join us for a week of self-expression, rhythm, and funk! Dancers will learn progressions, various styles such as popping, locking, and gliding, and grow in improvisational skills.

#### **BACK TO DANCE CAMP**

When: Aug. 12th-15th OR Aug. 19th-22nd

6:00pm-9:00pm

Level/Ages: Level 1-6 dancers (ages 11+)

Cost: \$115/camp

Back to dance camp is designed to get our Level dancers set to return to a full dance schedule. It is highly recommended that Level dancers participate in one of these weeks. Tune up your technique and grow in community as we gather across all our levels before the dance year begins. Dancers will take a variety of classes such as pilates, jazz, wellness, ballet, improvisation, and choreography while working with the CDA Level staff and guest artists!