

# CDA DANCE STYLES



## **Creative Movement**

Preschoolers will learn basic dance steps, follow-along group dances, how to find the beat of the music, and use colorful props to match movement with music. Dancers will discover the joy of moving and grow in creativity through movement! Dancers must be potty trained.

## **Bible & Ballet, and Bible, Ballet & Tap**

This 90 minute class allows for parents and caregivers to drop off their 4-6 year old for a jam packed morning or afternoon! Children will participate in a Bible lesson, themed craft, 45 minute dance class, and play outside as weather permits. Dancers will purchase a costume and participate in our year end recital, just as they would in a typical dance class.



## **Hippity Hop**

An exciting class offering that's perfect for energetic boys and girls! Dancers ages 4-6 will learn hip hop basics in a colorful and upbeat environment. Dancers will learn the basics of rhythm and finding the beat of the music.

## **Pom Jazz**

An exciting and upbeat jazz class focusing on skills and tricks that may be found in pom dance teams. \*Separate fee for pom poms is \$25 and due by first day of class.

## **Pilates**

An exercise flow to strengthen muscles, increase flexibility, and improve overall health. Exercises mainly take place on a mat with movers on their back, stomach, or side-lying. Suitable for the new or experienced pilates mover.



## **Ballet**

Ballet is characterized by graceful, fluid movements with the effort to give the illusion of weightlessness. Dancers will learn a blended method of classical ballet technique that builds and refines strength, flexibility, coordination, and precision. Exercises done at barre, in center, and moving across the floor will encourage dancers to grow in their musicality, self-expression, and ability to perform complex movement combinations, while also incorporating elements of history, terminology, and classical repertoire.

## **Pointe**

These classes are for intermediate and advanced dancers by instructor permission only. Classical pointe technique, as well as strength and conditioning exercises will be taught.

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## Modern

Dancers will explore movement through classical modern training and concepts such as rise/fall, push/pull, and contract/release. Classes are a fusion of modern techniques such as Limon, Horton, Release Technique, Paul Taylor, and Cunningham. Through floor work, center phrases, partnering, and across the floor movement dancers will gain improvisation skills, develop their own artistry, and grow in their dynamic range of movement.

## Tap

An exciting, rhythmic dance form! Dancers will explore musicality, rhythm, accents, and expression through this percussive dance form.

## Jazz

A energetic dance form that is a fusion of African and European dance traditions formed on American soil. We celebrate the diverse cultural influence woven throughout jazz dance. Dancers will learn traditional jazz technique and explore expression, individuality, improvisation, and musicality.

## Hip Hop

Dancers will learn the basics of Hip Hop like popping, locking, and find contrast between smooth and accented street-styled dance movement.

## Musical Theatre Dance

This class is fun, high energy, and focuses on expression through musical theatre jazz dance. Dancers will gain stage presence, confidence, and creativity as they explore dancing and acting.

## Contemporary

An eclectic and evolving dance style incorporating elements of ballet, modern, and jazz. Contemporary is a very expressive style that encourages story-telling through movement.

## Acting Classes

Grow in voice projection, creativity, improvisation, teamwork, and confidence through acting classes at CDA! Acting opportunities include the chance to audition for acting roles in our annual Christmas show and to participate in periodic acting workshops and summer camps. Reach out for more information on this growing offering!

## Special Needs Accommodations

We believe that every child should have a chance to celebrate their unique expression through dance! Dancers of all abilities are warmly welcomed in any of our age-group based classes. If you believe your child may require additional support due to physical or cognitive limitations or other special needs, please reach out to *Mary* in advance to discuss the best way to support your dancer!



# CDA LEVEL CLASSES



**Level classes** are designed to provide a high-level technical training experience within a holistic dance curriculum centered around being artists of faith. Level classes are designed for the dancer who wants to focus on dance as their main extra-curricular activity. Classes are fast paced, have more performances throughout the year, and offer a more intense learning environment.

**Level Dancer Christmas Production:** We are thrilled to produce another original production this season that includes both acting and dancing!

**Level 3+, Level 2 ballet, Advanced Musical Theatre, and Advanced Hip Hop** dancers perform this fully-staged Christmas production and will learn choreography in their classes. Level 1-2 and non-level dancers will have the opportunity to perform in select pieces as a part of the show! Students will grow as storytellers and artists, gain confidence in performance skills, and connect as a community as we create and share this year's production. Please note: To offset the cost of producing our Christmas production, all Level 3+ dancers, Advanced Musical Theatre, and Advanced Hip Hop will be charged a one-time \$35 fee due the first week of class. These dancers will not be charged a costume fee for the Christmas production.



- **Shows will take place on December 6th at 7:00pm and December 7th at 2:00pm.** Additional rehearsals to note: Nov. 25th opening number rehearsal 5-8pm (optional by highly encouraged). **ALL called rehearsals:** Dec. 4th 6-9pm Rough-Thru Dress Rehearsal, and Dec. 5th 6-9pm Final Dress Rehearsal.
- **For students who are interested, featured acting and dancing role auditions will be September 14th at 1:30pm**



**Project Dance NYC:** Dancers ages 16+ have the opportunity to perform, take classes, see a Broadway show, and fellowship with other Christian artists through this special event. Project Dance offers the universal language of dance to the public through outdoor open air concerts in the middle of Times Square. This is truly a unique and memorable trip for our dancers! CDA attends Project Dance every other year depending on studio events. *Potential trip in April of 2026.*



# CDA ADULTS

We believe dance and movement are for every body at every stage and age in life! Whether you grew up dancing or are interested in exploring dance for the first time in your adult years, Celebrate offers safe spaces for adults to grow and be challenged at their own level. All adult classes are multi-level, and foster a "can do" environment celebrating each individual as a unique creation of God.

- To learn more about our adult programming, email [Sarah@celebratedanceacademy.com](mailto:Sarah@celebratedanceacademy.com)
- To register for classes, visit your DSP portal and select the 2024-2025 Adult Drop In Classes tab. \*Please note, drop-in classes may only be offered for select dates. See DSP for full offerings.

## 2024-2025 Adult Movement Offerings:

- **Drop-in Adult Beginning-Intermediate Tap:**
  - Thursdays 5:15pm-6:00pm
- **Drop-in Adult Ballet (*some experience recommended*):**
  - Thursdays 10:15am-11:30am
- **Drop-in Adult Beginning Ballet:**
  - Tuesdays 8:00pm-9:00pm
- **Mini Sessions and workshops:**
  - Offered throughout the year in ballet, modern, and embodied prayer
- **Mosaics Company:**
  - Audition-based pre-professional company.  
For more, email: [sarah@celebratedanceacademy.com](mailto:sarah@celebratedanceacademy.com)  
[libby@celebratedanceacademy.com](mailto:libby@celebratedanceacademy.com)

